



Embrace Agile values and fundamental concepts

Benefits of this training

This two-days training programs offers participants the opportunity to experience the full cycle of a business transformation through an immersive case study. It covers the key areas of expertise that a manager must master to understand, support, or lead a transformation project.

Learning objectives

Understand Agile concepts and their impact on your role to interact more effectively with software development teams working in Agile environments:

- Understand the limitations of the traditional V-model development approach
- Embrace Agile values and principles
- Become familiar with the key concepts of Scrum
- Identify the impact of Agile practices on your own activities
- Recognize the key Agile practices and ways of working
- Share and discuss experiences and lessons learned

Teaching approaches

The training combines theoretical sessions (20%) with practical application (80%) in teams of four participants.

Throughout the course, participants engage in workshops and hands-on exercises designed to help them experience and internalize Agile values, principles, and practices.

Target audience

This course is intended for non-specialists who interact with software development teams and wish to gain a better understanding of Agile ways of working in order to collaborate more effectively with them.

In-house training

Duration: 1 Day

Presential or Remote learning
Customization possible

Language: English or French

Prerequisites: none

Recommendations:
none

Access timeframe: 2 weeks

Implementation timelines:
Based on the analysis of the client's needs

Evaluation:
Self-assessment of prior knowledge at the start of the training program
Self-Assessment form upon completion of Training

Methods used for the workshop:
In full-group and sub-groups, role-playing based on a central case study

8 to 16 participants

Accessibility for disabled people:
Yes, please contact us to discuss options

Prices: Please, contact us



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Program

Introduction to Agile

Scrum Roles and Responsibilities

Why Agile?

From Product Vision to User Stories

Agile Values and Principles

Estimation Techniques and Key Metrics

The Scrum Framework

The impact of Agile on your role and Activities



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Key Figures

More than **20,000 participants** worldwide over nearly **20 years**.

For **90%** of participants (*), the training pedagogical progress is perfectly matching their needs.

97% of participants (*) highlight our trainers' ability to bring knowledge to life, drawing on their real-world professional experiences.

Our training programs meet the objectives (**) for **93%** of the participants (*)

(*) Period from January 2025 – December 2025

(**) usefulness of the content for professional development and overall satisfaction of the training